

# ADDICTION AND RECOVERY, BS

This major offers students a scientific understanding of addiction and the process of recovery, along with ways to prevent, treat, and advocate for policy changes that will help address the epidemic that is affecting our community, nation, and world. Students will learn how individual, family, peer, school/work, and community factors may serve as both risk and protective factors in the development of addiction, and how these factors are essential to successful outcomes for prevention, treatment, and recovery. With this training, students will be prepared to enter the workforce in a variety of settings or to continue their education in graduate school, medical school, or law school. This program of study is ideal for students interested in pursuing careers in counseling, family therapy, prevention, policy, community outreach, ministry, medicine, or law. *This major has a one-semester internship requirement.* Students who choose to gain additional hands-on experience (beyond the internship) at prevention agencies or treatment centers may apply for certification as prevention specialists or alcohol/drug counselors through Alabama Alcohol and Drug Abuse Association (AADAA).

## HDFS Department Requirements

All students with a major in the Department of Human Development and Family Studies must take the following courses as part of the University core requirements:

Code and Title	Hours
<b>University Core Requirements</b>	
BSC 114 Principles Of Biology I & BSC 115 or BSC 109 Intro Biology Non Maj II	4
HD 101 Life Span Human Development	3
PY 101 Intro To Psychology	3
<b>Total Hours</b>	<b>10</b>

## Addiction and Recovery Major Requirements

Code and Title	Hours
HD 210 Understanding Addiction	3
HD 302 Child Dev-Adolescence	3
PY 358 Psychopathology	3
HD 475 Human Sexuality Sex Education	3
HD 405 Policy Issues of Addictions	3
HD 415 Addiction Prevention	3
HD 375 Found Addict Counsel	3
HD 450 Addiction:Treat/Recover	3
HD 445 Addiction and the Family	3
HD 472 Program Evaluation	3
Choose one of the following:	3
HD 325 Probs Child/Adol	
HD 335 Trauma & Stress	
Choose one of the following:	3
HHE 378 Drugs, Society, & Human Behav	
SW 414 Chemical Dependency	
Choose one of the following:	3
HD 220 Research & Critical Thinking	

PY 211	Elem Statistical Methods	
BER 345	Educational Statistics	
<b>Elective (Choose one)</b>		<b>3</b>
SW 210	Family & Child Welfare	
CJ 240	Juvenile Delinquency	
CJ 225	Community Based Corrections	
HY 378	Drugs, Booze & Mexican Society	
<b>Field Experience</b>		
HD 499	Intern Addiction	6
<b>Total Hours</b>		<b>48</b>

Each student completing the addiction and recovery major must have a grade point average of 2.0 or higher in both major and UA coursework before enrolling in HD 499 Intern Addiction. Students that do not meet the grade point average requirement for the internship may request special permission from the internship coordinator. Students should contact the department's internship coordinator for further information.

Graduates will be prepared to work in entry-level positions at substance use treatment or prevention agencies and work toward their Alcohol and Drug Counselor (ADC) Certification and/or their Associate Prevention Specialist (APS) Certification from the Alabama Alcohol and Drug Abuse Association (AADAA).